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Is There a Toxic Connection Between 5G and COVID-19?

In order to even ask the question if there is a possible connection between COVID-19 and 5G, we need to understand a little more about the 5G network. The first thing to understand is that **5G is a toxic assault on the planetary web of life**. As Dr. Martin Pall, in addressing the NIH, said, *“The 5G rollout is absolutely insane.”*

It is already clear from over 10,000 studies on 2G, 3G, and 4G that these wireless network radio frequency (RF) radiation network systems are causing significant acute and chronic health problems, including life-threatening diseases such as cancer, heart disease, type-2 diabetes, and mental disturbances, such as depression, anxiety, and increased suicidal tendencies. Estimates are that the 5G is somewhere between 10 and 100 times more toxic than 4G.

This new attack on life on human, animal, and plant-life on Earth with 5G could potentially cause a disruption of the earth's primary harmonic frequency called the Schumann Resonance. The Schumann Resonance is a frequency generated from the wave resonance of the lower part of the ionosphere and the earth. The ionosphere has several different layers and is a shell of electrons and electrically charged atoms and molecules that surrounds the earth. It stretches from a height of about 50 km (31 miles) to 1,000 km (620 miles). The most relevant layer is

the D-layer, which is the innermost layer at about 37-56 miles above Earth's surface.

As we disrupt the Schumann Resonance, including raising the potential frequency above 7.83 Hz through a variety of ways, we decrease melatonin secretion, which decreases our ability to be in harmony with the earth's daily rhythmic cycles. Specifically, when there is an alteration, such as changes in S-GMA activity, ill effects follow such as altered blood pressure; reproductive, immune system, cardiac and neurological problems; mental disorders, depression, and suicide; increase hospital admissions, accidents, and sudden death; as well as other stress-related conditions. These electromagnetic disruptions and their negative health effects are not new, but 5G is one hundred times more potent in moving in that direction and will likely result in an increase in cancer, heart disease, depression, and other diseases. We already see epidemics in all these areas, as well as in type-2 diabetes. In *There Is a Cure for Diabetes*, this form of electromagnetic RF/MW radiation caused type-2 diabetes is well documented.

Research suggests that the Schumann Resonance signals are the mechanism through which melatonin production is activated. When the Schumann Resonance goes above 7.87 Hz, there is a decrease in melatonin secretion. Melatonin is a vital natural neuro-hormone that regulates the daily circadian rhythm in mammals. Melatonin is the most potent known antioxidant; it has also been shown to protect against various forms of cancer. The pineal gland's production of melatonin rises at night, and the melatonin is carried by the circulation system throughout the body, passing through the cell membrane and scavenging free radicals in the cell in order to protect the DNA. Melatonin also has

many other vital functions involving the assistance of the immune system to maintain its immunocompetence, and it regulates sleep activity including aspects of REM sleep and sleep efficiency. Reduced melatonin production causes many serious biological effects in humans and other mammals, including chronic fatigue, sleep disturbance, DNA damage leading to cancer, cardiac, reproductive and neurological diseases, and mortality. Melatonin reduction is also associated with arthritis, depression, and suicide, seasonally affective disorder (SAD), miscarriage, sudden infant death syndrome (SIDS), schizophrenia, Alzheimer's disease, and Parkinson's disease. Multiple independent studies have found that electromagnetic fields reduced melatonin in animals and human beings. The scientific evidence includes correlations with altered geomagnetic activity reducing human melatonin, through the Schumann Resonance signal effect. The level of evidence exceeds requirements for a causal link, strongly suggesting that melatonin production caused by electromagnetic fields and radiation exposure contributes significantly to many adverse health effects, thus potentially making us far more susceptible to the toxic effects of COVID-19 due to lower melatonin. It's significant that with age the melatonin production in humans diminishes. For example, from ages 1-5 we produce 325 measurable units of melatonin, and, by age 75 and older it drops to 27.8 measurable units, therefore potentially making people of age more susceptible to the effects of low melatonin and most likely COVID-19 infection. As a side note, I generally recommend that people supplement with 3 mg of melatonin each night to avoid the effects of low melatonin.

The Schumann Resonance is essentially the pulse of the heart of the earth, to which our hearts and brains are specifically attuned with. It is highly likely it will be disrupted by 5G satellites, and

thus would disrupt the basic harmonic of all life on the planet. The Schumann Resonance particularly resonates with our brains and hearts.

All life has adapted over time to live in the electromagnetic frequencies of the Schumann Resonance, somewhere between 7.83 and 8 Hz. When we move away from this biologically attuned resonance field, it is highly likely to result in disorganization of our electrophysiology. This means that if you are susceptible to some of these frequencies, you may begin feeling “unusual stress, mental confusion, forgetfulness, unusual or repetitive thoughts and mood swings, periods of diminished hearing and eyesight, sudden onset of unexplained neurological problems and sharp pains shooting into head, as well as symptoms that mimic mental illness; depression, split personality disorder, and paranoid schizophrenia. The 5G frequencies have already been shown potentially to literally have a mass effect on mental functions in the populace. This has obvious serious negative spiritual implications because if you don't have a functioning brain it is very hard to access our soul connection and evolve spiritually on the planet from a spiritual point of view. An additional worry held by many anti-globalists is that the globalist elites will use 5G, in a high percentage of cases, to keep everyone's brainwaves in a range that prevents critical thought processing, and thus keeping people in the brainwave range that favors their agenda, for example, an emotional, slow, or hysteric state of thought — all depending on what they want the population to think. We need to understand that 5G will greatly amplify these mind control mechanisms that have already been proven to exist and be effective scientifically.

We've been sold a story of how good it is that we can have "smart" homes, "smart" businesses, "smart" highways, "smart" cities and self-driving cars. Virtually everything we own and buy, from refrigerators and washing machines to milk cartons, hairbrushes, and infants' diapers, will contain antennas and microchips and will be connected wirelessly to the Internet. We're being told that this is a good thing, but it's not, if we value our physical, mental, moral, and spiritual health. In other words, no matter how "ultra-convenient" these ultra "smart" devices, agreeing to be seduced by the promises of convenience is potentially not too smart. What isn't acknowledged in all this media hype is that this technology may present as an unprecedented negative environmental effect. The planet, plants, animals, humans, and all life on Earth is in jeopardy. In the immediacy of this discussion, is it possible that 5G makes us considerably more vulnerable to COVID-19 infection?

In 2015, 215 scientists from 41 countries communicated their alarm (about the potential of 5G) to the United Nations (UN) and World Health Organization (WHO). They stated that "numerous recent scientific publications have shown that EMF [electromagnetic fields] affects living organisms at levels well below most international and national guidelines". As already stated, more than 10,000 peer-reviewed scientific studies demonstrate harm to human health from RF/MW radiation. Effects include:

- Alteration of heart rhythm
- Altered gene expression
- Altered metabolism
- Altered stem cell development
- Cancers

- Cardiovascular disease
- Cognitive impairment
- DNA damage
- Impacts on general well-being
- Increased free radicals
- Learning and memory deficits
- Impaired sperm function and quality
- Miscarriage
- Neurological damage
- Obesity and diabetes
- Oxidative stress
- Autism
- ADHD
- Asthma
- Negative altered mental states, including increased depression, anxiety, and suicidal tendencies

Damage goes well beyond the human race, as there is abundant evidence of harm to diverse plant- and wildlife and laboratory animals, including ants, birds, forests, frogs, fruit flies, honeybees, insects, mammals, mice, plants, rats, trees, and microbes.

The Earth and the ionosphere and the lower atmosphere form the Global Electric Circuit in which we live. It is well established that biological rhythms are controlled by Earth's natural electromagnetic environment, which is this global electric circuit. In essence, adding 20,000 5G satellites will further pollute and potentially disrupt the global electric circuit and could alter the Schumann Resonance, around which all life on Earth has evolved. By going global with 5G, we are not just talking about human evolution, but all life on planet earth.

In addition to these general effects, 5G may make us more susceptible to, or amplify, the toxic effects of COVID-19 infection, although there is no specific scientific evidence to prove this. However, a variety of articles have suggested one theoretical possibility that 5G, which is a pulsed electric current, could affect cell wall and mitochondria wall permeability, temporarily opening up enough to allow the viral RNA to enter. This theoretical possibility, which hasn't been validated by *in vitro* or *in vivo* research, derives from at least 74 different articles since 2004 documenting the use of **electroporation** (pulsed electro-current [as in 5G]) that allows gene transfer in recombinant DNA technology. This is specifically, and most importantly, why 5G may amplify the toxic effect of COVID-19 coronavirus. There are other possible explanations for how 5G opens us to COVID-19, but these are not worth discussing here.

Electroporation research is the best explanation for why and how 5G may make us more susceptible to COVID-19 invasion.

Following this logical line of thought, it makes some level of scientific theoretical sense that the nations with the highest 5G rollouts have the highest incidence of COVID-19 cases and mortality. The following examples do not fulfill the scientific requirements for cause and effect but are only a possible and plausible suggestions for the demographic examples that seem to link 5G rollout with COVID-19 infection and mortality.

The 5G Syndrome (as scientists have named it) seems to mimic and be similar to COVID-19 symptoms. Because of this theory, we must ask the question, "Is it a coincidence that Wuhan, China, which has some of the most developed 5G infrastructure in the world, had over 10,000 5G base stations activated by November

of 2019, and one of the highest incidences of COVID-19 cases following this 5G activation?”

It's also helpful, in testing this theory to observe the geographical connections between the 5G rollouts and COVID-19 outbreaks. Italy, Spain, France, and Germany all leading in Europe's 5G networks, with the highest rates of COVID-19 in the EU. We also much ask, “Is it a coincidence that Wuhan, China saw a spike in cases immediately after it tested and launched 10,000 5G base stations, one of the largest in the world?” Literally, Wuhan cases spiked the day it launched a 5G expressway project for monitoring traffic. Wuhan is one of the most advanced 5G cities in the world and also has had the some of the highest numbers of COVID-19 cases and mortality. US also saw a spike in COVID-19 cases after T-Mobile launched its nationwide 5G network, with COVID-19 outbreaks occurring precisely in 5G hotspots. Hokkaido, Japan, where a major 5G tunnel construction was put in in December of 2019, has had the largest number of COVID-19 cases in Japan after testing the world's first 5G car connection using 5G and roadway tunnels. Hokkaido is a relatively small city compared to the international entry point of Tokyo.

The most advanced 5G countries in the world also have the highest rates of COVID-19. These countries, including China, Italy, France, Spain, and Germany – all leaders in 5G – all had high outbreaks of COVID-19. It is significant that China launched the 5G network in Wuhan on November 1st, and, as more users began utilizing the technology, the rate of COVID-19 began to rise simultaneously. Italy, which has had a major outbreak of COVID-19, has the most advanced 5G systems in Europe. Italy, Spain, France, and Germany led in European 5G rollouts,

accounting for 40% of the continent's 5G trials. In contrast to Rome, with more than double the population of Milan, and with the largest airport, Milan is the most COVID-19 infected city and also one of the major users of the 5G network. Milan has had over 22 times the number of COVID-19 cases as Rome.

In the United States, as T-Mobile 5G went nationwide, a wave of COVID-19 cases followed. In states that have very limited 5G coverage, such as Montana, Idaho, North Dakota, and Wyoming, when compared to 5G-leading states, such as Washington, parts of California, and New York City, COVID-19 incidence is much lower. Is this accident, coincidence, or correlative? Russia, without 5G in public use, has a very low COVID-19 infection rate.

Unfortunately, in Latin America, Brazil is a leader in both 5G rollouts and COVID-19 infections and mortality. In contrast, (as of March 30th), there was only one case of COVID-19 in a woman who had arrived in Guyana from the US. Guyana does not have 5G, barely having a country-wide 4G network. The Latin American countries with the greatest 5G development, namely, Brazil, Chile, Ecuador, and Mexico, also have the most COVID-19 cases. It's interesting that countries bordering Brazil, which do not have any 5G infrastructure, such as Guyana, Surinam, French Guinea, and Paraguay have nearly no cases of COVID-19 as of March 30th.

In Australia, the cities with new 5G coverage, such as Canberra, Newcastle, Sydney, Brisbane, Cairns, Gold Coast, Adelaide, Melbourne and Perth have the highest rates of COVID-19 infection. Again, at the risk of redundancy, "Is it accidental, coincidental, or correlative that the 5G rollouts and COVID-19 outbreaks are happening scientifically?"

In summary, there is a disturbing and alarming geographical connective pattern between the use of 5G technology and COVID-19 infection and mortality. It's far too soon to scientifically state that this is a causal relationship; however, we clearly have a worldwide pandemic of COVID-19. To the rational person, no matter how we theorize about it, it would be cautiously useful to examine how we best can protect ourselves from the toxic effects of 5G in general with the theoretical consideration that it could be increasing the pathogenicity of the COVID-19 coronavirus. In this context, as part of our overall protection from COVID-19, it's not unreasonable to ask, "How do we protect ourselves from the general and specific toxic effects of 5G?"

In my next newsletter, I'll be addressing several ways to protect us from the toxic effects of 4G (as already established by over peer-reviewed 10,000 studies) and the highly likely toxic effects (to be amplified by 10 to 100 times) of 5G technology.

Blessings to your health and inner peace,
Rabbi Gabriel Cousens, MD